



February 2008

Training times

Monday, Ashton 6.45pm-8pm

Tuesday, Patchway, 6.15pm-7.15pm

Wednesday, Ashton 7.30pm-8.45pm

Thursday, Ashton 7pm-8pm **yellow belts** & below,

www.newstarbristol.co.uk

8pm-9pm **Orange belts+** & Seniors

Saturday, Patchway, 9.30am-10.30am 5yrs-7yrs

10.30am-12, 7 ½ yrs and above

SATURDAY April 26th 10.35am; approx 30mins.

Club Merchandise -

Judo suits, includes club badge,

White 120, **£20**, 130 to 160, **£25**, 170 upwards, **£30**

Blue 130 to 160, **£28**, 170 upwards, **£33**

T-shirts 5-6 to 12-13, **£5** 14-15, **£6.50**

Adult Polo shirts, **£12** Child's hoody, **£14.50** Adult hoody, **£19**

Future Competitions

February 9th U 8's & Interclub New Star Ashton

March 9th **Devon Mini Mon**

March 30th U8's & Interclub New Star Patchway

April 27th **Pete Murphy WA Closed TBA**

May 18th U 8's & Interclub New Star Ashton

June 15th **WA Open, Glous**

July 5th Seamills interclub

Oct 19th Devon Open

Nov 15th Interclub Yate Star

Dec 14th Interclub Long Ashton

Contact us:

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PATCHWAY PARENTS FORUM MEETING,

Membership renewals should now all be paid!

Mat fees for members Ashton £2.50 Patchway £2

Mat fees non members Ashton £3 Patchway £2.50

Licences - remember like car tax they run out and need to be renewed!

Don't forget **mat fees** need to be paid at the **beginning** of each session, so we know who is in the building! If you pay monthly then please still get your child marked in!

Competition news –

Sunday 27th January Bristol Classic Open

As ever a tough competition, one that turned out better for the girls than the boys! All the players fought well, some only lost by yukos, most won fights, however we did manage three medals, Gold for Natasha, Silver for Rebecca and Bronze for Mollie! Well done to all the others who fought, Dominic, who fought up a weight group and lost out for the bronze, Alan, Tom, Myles, Lucy & Sam.

Well done to our honorary member Jayson Curtis, Yate Star, who won Gold!

Thank you to all the supporters, especially Finley, Oliver & George! Look out on the website for photos by Giles!

New Star Interclub Competitions

Ashton Sat 9th February & Sun 18th May

Patchway Sun 30th March

Last year Ashton only had one competition and Patchway's didn't happen. This year we are hopefully that with support from all players in Bristol the interclubs will run. For them to run we need parents help!

The Interclubs are a great opportunity for players to compete, they are also great fund raisers.

To run an interclub we will need:

Raffle prizes and tickets

Bar/kitchen staff

First Aider

Trophies/medals

Someone on the door

Someone to sell raffle tickets

People to help set up/ clear up!

If you can volunteer one or more of these please shout! Or do you know someone who will sponsor the medals?

Kano & Mon GRADINGS will take place during

February. If a player wishes to grade they *must* know their theory!! Grading requirements can be found in licences & on the **website!**

Remember theory sheets can be done at anytime, sheets are on the minis and junior pages of the website. Or ask at judo!

Bristol County Squad training, for graded competitive players - check with one of the coaches before your child attends - **TBA** see website or club notice board!

BREAN 2008 – Friday 9th – Sunday 11th May

It's that time of year again to get your booking forms complete for the annual Brean judo camp. By popular demand, guest coach again this year is Kate Howey. Book early to avoid disappointment. – see Julie Moore. Booking forms available on the website!

JUDO CLUB RULES

A good judoka should always....

- help beginners and lower grades.
- ... respect coaches, instructors and higher grades.
- ... practice judo only in the dojo, with an instructor present and **never** elsewhere.
- ... obtain permission from the coach before entering or leaving the mat.

Gradings & Theory awards

KANO 4 Finley Norton & Ryan "Mumbles" Guest

KANO 3 Ryan "Mumbles" Guest, Chloe Scammel & Annabel Norris

KANO 2 Oliver James & Daniel De la Hunty

KANO 1 Max Lorenz, Louis Cormack & Harry Bardens

2nd Mon Aidan Norris

3rd Mon Ben Guest

Theory 4 – Finley Norton

Drinks bottles are needed all year round!