







2015March newsletter

Dates for your diary

March 21 Parent forum 10.30am

April 4th (Saturday) Easter Egg Hunt (normal session times)

November 28th (Saturday) 7pm Awards evening and family disco

December 19th (Saturday) Christmas party 10am-1pm

Competitions

There is a list of forthcoming competitions and courses at the end of the newsletter.

Check list for competitions

All players need to have;

White judogi (ensuring it fits)

Judo licence card (ensure it is in date)

Judo record book (ensure the latest grade has been signed by a coach)

White and blue belts (good idea to have names on)

Non fizzy drinks

Healthy snacks

For some national events a blue judogi is also required (check with coaches)

For older players a small first aid kit and tape is also a good idea.

Thank you to everyone who took part in or supported our annual Swimathon, adults swam 141 lengths and the juniors swam 104 lengths! Not bad in 55 minutes. Don't forget to bring your sponsor money in!

Annual membership fees thank you to everyone who has paid annual membership. Non member mat fess will apply to anyone who hasn't. Membership can be paid at any time through out the year.

Kitchen – volunteers desperately needed on the rota to help, more volunteers the less often everyone has to do take a turn! If you are confident to cook there is tea making, sweet selling and washing up! We need the kitchen to pay for Christmas presents, Easter eggs and subsidise the annual trip. To run it we need volunteers, we have a great core team of volunteers; it is a great way to meet other club members! Please see Toddy to get your names on the rota.

Competitions Please see list. We encourage players to try a competition, if they haven't done one, you learn more about judo in one competition than weeks of training, and it helps players understand the techniques they are taught in sessions. See information below Gradings gradings can be carried out by level 2 coaches in club up to brown belt. Please encourage players to look at their judo diaries and complete the "in house" theory sheets, these help at lower grades and players go through the coloured belts.

Easyfundraising - Check out the link. With big shopping season coming up it's a chance to make some free money for club! http://www.easyfundraising.org.uk/causes/patch

Cash 4 clothes - please bring any of clothes and Sarah takes them and exchanges them for cash.

- LICENCES all players MUST have a licence after 4 weeks of judo, these licences MUST be renewed! Please check players licence renewal dates. Please ensure all licences are up to date! NB. club no. 1138. Mon & Senior Forms can be downloaded from BJA website, or renew online.
- Gradings and theory sheets

Well done to everyone who has passed the theory sheets this month. Get cracking on the next one, or the first one! Does help with gradings! Theory sheets can be completed at any time, they are designed to help the players learn their English / Japanese translations which will help them with their gradings. Players received a certificate every time they complete one.

They can be downloaded from the website. There are links on junior pages to videos of techniques for each grade.

 Mat fees, please pay mat fees at the start of the session as it acts as our register. Coaches are only responsible for players during session times for that player, if you aren't in the building during the session can you please let either one of coaches or Emma know. If you are likely not to be back at the end of the session, please ask someone else to be responsible

Merchandise

Drawstring bags, black or orange £6

Children's t-shirts, white or orange sizes 5/6 7/8 9/11 12/13 £6.50

Adults plain t-shirts as above £7.50

Children's hoody, black or orange 5/6 7/8 9/11. £14.50

Ladies fit polos £19.50

Adult polos black & orange. £19.50

Adult hoody £20

Adult Fleece black & orange S M L XL. £21.50

 Don't forget to check out the website www.patchwayjudo.org or FB pages / group Patchway judo club

Competitions and courses

Competitions

The club does the entries to competitions as a group entry. We encourage players to entry competitions that are right for them, please speak to coaches.

The closing dates are usually 1-2 weeks before the date of the competition, please let Alison or Emma know at least a week before the closing.

Saturday 7 March British Schools Sheffield http://www.britishjudo.org.uk/events/2015-british-schools-championships

Sunday 8 March English open

http://www.britishjudo.org.uk/events/2015-english-junior-and-senior-open-entries-deadline-extended

Saturday 21/3 Green belt and below Samurai, Kidderminster (all players green and below) http://www.britishjudo.org.uk/events/green-under-championships

Sunday 19/4 Somerset minimon, Glastonbury, Nov to 4th and 5th to 9th mon (all players orange and below) http://www.wajudo.org.uk/Docs%202015/Somerset%20mini%20mons%201.pdf

Sunday 10/5 Western Area closed u12 and u16 (all players red to brown can enter) http://www.wajudo.org.uk/Docs%202015/The peter murphy 2015.pdf

Saturday 16/5 Patchway u8 training and inter club Nov 4th and 3rd to 6th mon (red and yellow belts)

Sunday 17/5 Midland Area age band open and Senior kyu & dan grade Walsall campus Wolverhampton university http://www.britishjudo.org.uk/events/midland-area-age-banded-senior-kyu-dan-grade-open (experienced competitive players)

Saturday 14/6 Seniors and Masters kyu grade Samurai, Kidderminster http://www.britishjudo.org.uk/events/senior-masters-kyu-grades-0

Saturday 21/6 minimon red/yellow belt Samurai, Kidderminster (red and yellow belts) http://www.britishjudo.org.uk/sites/default/files/events/documents/ef_210615_minimesminimon.pdf

Saturday 12/7 Green belt and below Samurai, Kidderminster (all players green and below) http://www.britishjudo.org.uk/events/green-under-championships-0

Saturday 19/7 women open Samurai, Kiddeminster http://www.britishjudo.org.uk/events/women-young-women-open

Sunday 26/7 Western Area open, Hutton Moor Leisure centre, Weston-Super-Mare

Saturday & Sunday 5/6 September Heart of England open, Walsall campus

Sunday 10/10 Bristol Closed

Sunday 22/11 Western Area teams, Hutton Moor Leisure Centre, Weston-Super-Mare

Courses	
Saturday 14/3 Samurai Dan grade theory	Commented [1]:
http://www.britishjudo.org.uk/events/dan-grade-theory-course-exam-1	
Sunday 22/3 Safeguarding course Taunton	Commented [2]:
http://www.britishjudo.org.uk/sites/default/files/events/documents/SPC%20application%20Taunton%20YMCA.pdf	
Sunday 22/3 First Aid Taunton	Commented [3]:
http://www.britishjudo.org.uk/sites/default/files/events/documents/First%20Aid%20Taunton22032015.pdf	
Saturday 20/2 Naga Nekata ayung Samurai Kiddayminatay	
Saturday 28/3 Nage Nokata course Samurai, Kidderminster http://www.britishjudo.org.uk/sites/default/files/events/documents/ef_280315_nagenokata.pdf	Commented [4]:
mtp://www.bmtshjudd.org.uivshtes/defaulvintes/events/decaments/el-200515 hagenokata.pdi	
Saturday 18/4 Gonosen Kata course Samurai, Kidderminster	Commented [5]:
http://www.britishjudo.org.uk/events/gonosen-no-kata-course	(3)