



March 2009

Next Patchway Parent forum meeting 25th April 2009 10.35am

Gradings

These will continue in March; please encourage the players to learn both the grading theory and our own club theory sheets.

Congratulations to all the players who graded in February. Alan England was the 3rd person in the club to complete theory 5! Come on the rest of you!

New Sessions

From 9th March Monday nights will no longer be at Ashton, they are moving to Sea Mills community centre, SunnyHill, Sea Mills BS92NQ 7pm-8pm.

Luke is starting a weekly Senior Session at Fitness First on Saturday 7th March 3pm-4pm, all profits will go into the NEW DOJO fund.

Competition Officials

We now have a dozen competition officials in the club, Judy, Natasha, Rebecca, Alison, Lisa, Daniel, Julie W., Roni, Dominic, Kieran, Mollie and now Sam! If anyone else would like to become one please see Alison.

Well done to everyone who entered competitions in February; reports are on the website, for details and photos check out www.nsbjc.com

Future Competitions

- March 15th Toraki open – Ashton park school **8/3
- April 19th Patchway u8's & Inter club ** 9/4
- April 26th Midland Area Green belt & Under & Kyu grade comp – Walsall ** 9/4
- May 17th - Western Area Closed - Kingsbridge ** 1/5
- June 6th & 7th Bedminster Minimon & Open, Ashton Park school ** 24/5
- June 27th & 28th Kent International, Crystal Palace
- July TBC Bristol Open ** 24/5
- Sept 6th Heart of England, NIA **18/7

**Date to give names & payment to Lisa or Julie.

Club Rules 1-5:

A good judoka should always....

1. Keep their body and judogi clean; wash hands & feet before going onto the mat.
2. Be careful not to step on to the mat when wearing any kind of shoe; should always wear slippers or zori to and from the mat edge.
3. Make sure that finger and toe nails are **cut short**.
4. Secure long hair with a **non metallic** hair band.
5. Make sure that they are not wearing any kind of jewellery, or metal object.

For regular updates about what is happening, please see the website or the large notice boards at the clubs! If you still don't see what you want to know, ask someone!!!

If you are leaving your child at a session, can you please ensure that someone knows and how to contact you in case of an emergency. Please be back at least **5 mins** before the end of the session.

Don't forget mat fees need to be paid at the beginning of each session, so we know who is in the building! If you pay monthly then please still get your child marked in!

LICENCES – all players MUST have a licence after 4 weeks of judo, these licences MUST be renewed! Please ensure all licences are up to date! Let Lisa or Julie M. know expiry dates and numbers if you haven't already! NB. Patchway club no. 1138 Ashton club no. 2113. Forms can be downloaded from BJA website, or renew online.

Patchway Saturday **HOT FOOD** – to help the Kitchen volunteers, could you please order all food by **11.30am** to be ready by the end of the Junior session- THANK YOU!

Volunteers welcome, is your name on the rota? See Sadie to volunteer for your stint or add your name to the sheet on the bar.

Remember the profits go towards paying for the Easter Eggs, Christmas presents & subsidising the annual day out trip! Many hands make light work!!!

Who's who at Patchway?

Chair - John Bath, Senior coach.
Vice Chair minis & Kano Secretary– Julie Windows.
Vice Chair juniors – Andy Phelps.
Junior Coordinator & Secretary – Alison Finn, Minis coach
Treasurer & competition Secretary– Lisa Oram.
Assistant Treasurer – Emma Peacock.
Kitchen coordinator – Sadie Hall
Assistant Kitchen coordinator – Julie Moore.
Public Relations officer – Luke Tavener, Juniors Coach.
Web master – Giles Norton. gilesnorton@hotmail.com
Welfare officer – Anne Duke. anne.duke@blueyonder.co.uk
Fundraising Chair – Robert Chandler Robert.chandler@paprika.ro

County & Area training

County – Junior & Youths
Saturday TBC Ashton 2pm-4pm £3

Youths & Seniors Monday 6th April
Yate Star, Station Rd Yate, £3

Area TBC

Gradings & Theory awards

Will take place in March.
Remember to be looking at the new syllabus for gradings, available on the website.
Don't forget our own *theory sheets*; Yellow belts and above should have at least Theory 3. Orange belts and above, Theory 4.

EASTER SCHOOL HOLIDAYS

Judo will continue throughout the holidays !

Who's who at Ashton/Seamills?

Chair – John Bath Senior Club Coach
Club Coach – Judy Maslen
Vice Chair – Alison Finn
Treasurer & Competitions Julie Moore
Subs – Dave & Lousia Nelson
Kano Secretary – Neil Jenkins
Welfare Officer – Pat Dymond
Webmaster – Giles Norton

Fund raising for the new Dojo

We now have a fundraising group led by Robert Chandler; Danielle and Laurence's Dad. To keep you all updated Robert & Giles are working on an additional page for the website.

What's happened so far.....

The fundraising group have met and have made a plan!

Colin Giles is putting a pack together with the help of Patchway history files!

Fund raising

Chris Button has already started his sponsored hand-bike journey from Lands end to John O'Groats at Bridges Gym, Bradley Stoke leisure centre.

Emma Peacock has applied to be an "Avon Lady" – books can be distributed throughout the club to family and friends, all profits go into the fund.

Luke has made arrangements to start an adult session at Fitness First gym on a Saturday pm, all profits will go into the fund.

Stoke Lane Football club are giving us 20 tickets to sell to see a band "Doing time" on Saturday 25th April, tickets £10 each - £5 per ticket goes into the fund! – see Alison

Next Fundraising group meeting Saturday 18th April.

Thank you to everyone!

Any ideas please contact Robert via email

Robert.chandler@paprika.ro or when he is at the club.

Drinks bottles are needed all year round!!

Training times

Monday, Sea mills 7pm-8pm from age 5 upwards
Tuesday, Patchway, 6.15pm-7.15pm from age 7
Thursday, Ashton 7pm-8pm **yellow belts** & below,
including U8's, 8pm-9pm Orange belts+ & Seniors
Saturday, Patchway, 9.30am-10.30am 5yrs-7yrs
10.30am-12, 7 ½ yrs and above

Dates for you diary – check out website or notice boards for more information

Saturday 11th April – Easter egg hunt at Patchway – **all new star players welcome** – put names down on the list at both clubs –

Friday 8th – Sunday 10th May 10th Anniversary of West of England judo camp – Brea **FULL PAYMENT DUE 31.3.09** – see Julie Moore – some places still available

Saturday 5th September Annual trip – venue TBC

Club Merchandise -

T-shirts 5-6 to 12-13, **£5** 14-15, **£6.50**

Adult Polo shirts, **£12.50**

Child's hoody, **£15** Adult hoody, **£19**

Wet Jackets **from £17**

Water bottles **£2.50**

Hold all Bags from approx **£18**. Smaller kit bags **£14**

Hats **£4.50**

Other garments available- see Lisa or Julie M

Judo suits, includes club badge,

White 120, **£25**, 130 to 150, **£28**, 160 upwards, **£35**

Blue 130 to 150, **£30**, 160 upwards, **£38**

Contact us:

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www.nsbjc.com