

Drinks bottles are needed all year round!!

Training times

Monday, **Sea mills** 7pm-8pm from age 5 upwards
Tuesday, **Patchway**, 6.15pm-7.15pm from age 7
Thursday, Ashton 7pm-8pm **yellow belts** & below,
including U8's, 8pm-9pm Orange belts+ & Seniors
Saturday, Patchway, 9.30am-10.30am 5yrs-7yrs
10.30am-12, 7 ½ yrs and above

Dates for your diary – check out website or notice boards for more info

Saturday 11th April – Easter egg hunt at Patchway – **all new star players welcome** – put names down on the list at both clubs

Saturday & Sunday 4th & 5th July Stoke Lane AFC Fun Weekend & Fundraising launch to include judo display

Saturday 11th July Patchway Festival – judo display

Friday 8th – Sunday 10th May 10th Anniversary of West of England judo camp Brean **NO JUDO ON SATURDAY 9th MAY AT PATCHWAY**

Saturday 5th September Annual trip – venue TBC

Club Merchandise - get your new club kit before Brean!

T-shirts 5-6 to 12-13, **£5** 14-15, **£6.50**

Adult Polo shirts, **£12.50**

Child's hoody, **£15** Adult hoody, **£19**

Wet Jackets **from £17**

Water bottles **£2.50**

Hold all Bags from approx **£18**. Smaller kit bags **£14**

Hats **£4.50**

Other garments available- see Lisa or Julie M

Judo suits, includes club badge,

White 120, **£25**, 130 to 150, **£28**, 160 upwards, **£35**

Blue 130 to 150, **£30**, 160 upwards, **£38**

Contact us:

John Bath: 07970 744075 johnbath.judo@hotmail.com

Alison Finn: 07974 105179 alison@nsbjc.com

www.nsbjc.com



April 2009

Next Patchway Parent forum meeting 25th April 2009 10.35am

Gradings

Congratulations to all of the players who graded or completed their theory sheets in March. Full details on the website.

Well done to Tom Llywarch the 4th person in the club to complete theory 5! Come on the rest of you! With Finley busy practicing his theory 6 the rest of you mon grades need to get a move on!

Junior officials course – Salisbury, Saturday 9th May – BREAN weekend

Unfortunately this is the same weekend as Brean, if you would like to attend please see Alison for more details.

Well done to everyone who entered competitions in March – record number of medals; reports are on the website, for details and photos check out www.nsbjc.com

Future Competitions

- April 19th Patchway u8's & Inter club ** 9/4
- April 26th Midland Area Green belt & Under & Kyu grade comp – Walsall ** 9/4
- May 17th - Western Area Closed - Kingsbridge **24/4
- June 6th & 7th Bedminster Minimon & Open, Ashton Park school ** 24/5
- June 27th & 28th Kent International, Crystal Palace ** 1/5
- July 12th Western Area Open **12/6
- Sept 6th Heart of England, NIA **1/6

**Date to give names & payment to Lisa or Julie.

For more details please see the website or Speak to Lisa – you need to let Lisa know if your child would like to do a competition, preferably a couple of weeks before!

Club Rules 6-12:

A good judoka should always....

- ...behave correctly in the dojo not talking during instruction or shrieking or shouting during practice.
- ... help beginners and lower grades.
- ... respect coaches, instructors & higher grades.
- ... practice judo only in the dojo with a coach present and never elsewhere.
- ... obtain permission from a coach before entering or leaving the mat.
- ... bow correctly at the beginning and end of a practice session or contest and also at anytime the coach starts or ends a session or whenever he/she requires it.
- behave with courtesy and respect to others at all times, in the Dojo & elsewhere.

For regular updates about what is happening, please see the website or the large notice boards at the clubs! If you still don't see what you want to know, ask the relevant person! – *Job descriptions are in the store cupboard, check them out to see who you need!*

If you are leaving your child at a session, can you please ensure that someone knows and how to contact you in case of an emergency. Please be back at least **5 mins** before the end of the session.

Don't forget mat fees need to be paid at the beginning of each session, so we know who is in the building! If you pay monthly then please still get your child marked in!

LICENCES – all players **MUST** have a licence after 4 weeks of judo, these licences MUST be renewed! Please ensure all licences are up to date! Let Lisa or Julie M. know expiry dates and numbers if you haven't already! NB. Patchway club no. 1138 Ashton club no. 2113. Forms can be downloaded from BJA website, or renew online.

Patchway Saturday **HOT FOOD** – to help the Kitchen volunteers, could you please order all food by **11.30am** to be ready by the end of the Junior session- THANK YOU!

Volunteers welcome, is your name on the rota? See Sadie to volunteer for your stint or add your name to the sheet on the bar.

Remember the profits go towards paying for the Easter Eggs, Christmas presents & subsidising the annual day out trip! Many hands make light work!!!

County & Area training

County – Junior & Youths
Saturday TBC Ashton 2pm-4pm £3

Youths & Seniors Monday 6th April
Yate Star, Station Rd Yate, £3

Area TBC

Gradings & Theory awards

Next gradings will take place in **June**. Remember to be looking at the new syllabus for gradings, available on the website.

*Don't forget our own **theory sheets**; Yellow belts and above should have **at least** Theory 3. Orange belts and above, Theory 4.*

Patchway Competition – 19th April
please sign up to help/and, or donate raffle prizes or cakes!

Who's who at Patchway?

Chair - John Bath, Senior coach.
Vice Chair minis & Kano Secretary– Julie Windows.
Vice Chair juniors – Andy Phelps.
Junior Coordinator & Secretary – Alison Finn, Minis coach
Treasurer & competition Secretary– Lisa Oram.
Assistant Treasurer – Emma Peacock.
Kitchen coordinator – Sadie Hall
Assistant Kitchen coordinator – Julie Moore.
Public Relations officer – Luke Tavener, Juniors Coach.
Web master – Giles Norton. gilesnorton@hotmail.com
Welfare officer – Anne Duke. anne.duke@blueyonder.co.uk
Fundraising Chair – Robert Chandler Robert.chandler@paprika.ro

Who's who at Ashton/Seamills?

Chair – John Bath Senior Club Coach
Club Coach – Judy Maslen
Vice Chair – Alison Finn
Treasurer & Competitions Julie Moore
Subs – Dave & Louisa Nelson
Kano Secretary – Neil Jenkins
Welfare Officer – Pat Dymond
Webmaster – Giles Norton

Fund raising for the new Dojo

Robert, Danielle and Laurence's Dad, has been busy with planning What's happened so far.....

Fund raising

Chris Button has already cycled 307km on his sponsored hand-bike journey from Lands end to John O'Groats at Bridges Gym, Bradley Stoke leisure centre. Well done Chris

Emma Peacock has put in the first Avon order, raising almost £60! New books will be out shortly! Emma needs the orders back by Saturday 25th April. Cash, or cheques payable to "New Star Patchway".

Stoke Lane Football club are giving us 20 tickets to sell to see a band "Doing time" on Saturday 25th April, tickets £10 each - £5 per ticket goes into the fund! – still some tickets left - see Alison

Next Fundraising group meeting Saturday 18th April.

Thank you to everyone!

Any ideas please contact **Robert** via email

Robert.chandler@paprika.ro or when he is at the club.